Welcome to Surgical Services at Osborne Park Hospital. Please read this brochure and follow the instructions carefully.

BEFORE YOUR ADMISSION

If you receive a Patient Pre-Admission Information and Patient Health Questionnaire forms please complete and return them as soon as possible to the hospital (at least two weeks prior to your admission).

You may be required to have some tests (eg blood test, ECG, chest x-ray). Please arrange to have these done as instructed (refer to map) at least one week before your admission. Tests can be arranged closer to where you live. Ask your doctor.

If you:
- have a cough or cold or you are ill just before your admission or
- are unable to have your operation or procedure on the day planned

PLEASE CONTACT YOUR SURGEON.

Please contact the Clinical Nurse Manager on 9346 8000 if your surgery is within 24 hours and you have any symptoms/problems as above.

If your child is undergoing surgery, one parent must remain with them at all times in hospital. Please arrange for siblings to be cared for at home.

If you wish to check your admission time ring the hospital the day before your operation on 9346 8080 between 7am and 4pm Monday to Friday.

ON THE DAY OF YOUR OPERATION

Have NO food or fluids (including water, tea or coffee) from the time indicated to you by your anaesthetist or pre-admission clinic nurse.

Make arrangements for a RESPONSIBLE ADULT TO ESCORT YOU HOME and care for you until the day after your operation/procedure (unless you are having a local anaesthetic).

DO NOT DRIVE YOURSELF TO THE HOSPITAL

Please have a shower or bath before coming to hospital.

Dress in clean, comfortable clothes with no make-up, nail polish, jewellery or deodorants/sprays.

Bring with you to the hospital:
- Medicare Card
- Current medication in original packing
- Relevant x-rays
- Any letter your doctor or anaesthetist may have given to you
- Reading material.

DO NOT BRING MONEY OR JEWELLERY

Please arrive on time and report to the Theatre Suite Reception (follow signs at Front Reception).

Your escort will be provided with discharge contact details and time.

INFORMATION ON THE DAY OF YOUR OPERATION

NO SMOKING ANYWHERE ON GROUNDS

This policy aims to protect patients, staff contractors and visitors from the dangers of exposure to second hand smoke.

For information on support services please visit www.health.wa.gov.au/smokefree

WHILE IN HOSPITAL

A nurse will take a medical history, record your blood pressure, pulse and weight and advise you of the time of your operation.

Following your operation you will remain in hospital for 2-4 hours, or until you are fit for discharge. Your stay may be shorter if you are having a local anaesthetic.

If you have been fasting you will be offered a drink and sandwich following your operation.

ON DISCHARGE

Written Post Discharge Instructions will be provided. Follow these carefully.

General Anaesthetic

For 24 hours after your operation YOU MUST NOT:
- Drive or operate machinery
- Sign any legal documents
- Drink alcohol or other drugs
- Participate in vigorous exercise or sport.

Local Anaesthetics

You may return to normal activities except those specifically mentioned by your doctor.