How to access our services
Clients living in the community can be referred to Occupational Therapy by their GP. Inpatients will meet their Occupational Therapist during the first 1–2 days of their hospital admission.

Professional standards
All Occupational Therapists are registered with the Occupational Therapy Board of Australia and are governed by standards of clinical competence and a professional code of ethics.
What is Occupational Therapy?

Occupational Therapy (OT) aims to promote independence and function in a person’s daily life.

Occupational Therapy assessment and intervention is focussed on the daily living activities which may have been affected through disease, disability or ageing.

What services do we provide?

Functional re-training
Training and education in the use of strategies and equipment to improve function in daily activities, such as self-care and home management.

Home assessment and intervention
Assessment, equipment provision, home modifications and training to support independence, safety and access within the home.

Hand and upper limb therapy
Assessment and treatment of the hand and upper limb to promote optimal function. Includes the provision of splints/supports, and assessment and advice on small aids such as tap turners to decrease stress on hand joints.

Falls prevention education
Identification of falls risks and providing strategies to help prevent falls.

Wheelchairs and seating
Assessment and intervention for mobility, function and pressure management.

Cognitive and perceptual assessment and intervention
Rehabilitation to increase independence in functional activities that rely on thinking skills, such as memory, attention and planning; and the ability to accurately interpret sensory information.

Education, training and support for clients and carers
Education on simplifying domestic tasks for clients; manual handling training for carers; and referral to service providers for respite and home support services.